

**College of Agriculture and Natural Resources  
University of Connecticut  
Plan of Study Minor in Nutrition for Exercise and Sport**

Name of Student: \_\_\_\_\_ Major \_\_\_\_\_

Student ID Number: \_\_\_\_\_ Month & Year of Anticipated Graduation: \_\_\_\_\_

**CATALOG STATEMENT:** This minor has been established in cooperation with the Department of Kinesiology. Students admitted to the minor are expected to have completed PNB 264 and PNB 265 with a grade of “B” or better.

**PROCEDURES:**

Students who plan to graduate with a minor in Nutrition for Exercise and Sport must complete the requirements as outlined below and submit a copy of this form to the Registrar along with their final Plan of Study. Students are expected to have completed PNB 264 & 265 with a grade of B or better. The Nutrition for Exercise and Sport advisor and the Nutritional Sciences department head must sign the Plan of Study for the minor.

**REQUIREMENTS:** All students are required to complete a minimum of 17 credits as listed below:

	<b>Credits</b>	<b>Semester/Year</b>	<b>Grade</b>
EKIN 248: Physiological Systems in Human Performance	3	_____/____	_____
EKIN 258: Mechanisms and Adaptations in Sport and Exercise	4	_____/____	_____
NUSC 250: Nutrition for Exercise and Sport	3	_____/____	_____
NUSC 241: Nutritional Assessment	1	_____/____	_____
<b><u>Two of the following courses for an additional 6 credits:</u></b>			
• EKIN 238: Sport and the Individual	3	_____/____	_____
• EKIN 259: Fitness Management	3	_____/____	_____
• EKIN 263: Applied Anatomy and Kinesiology	3	_____/____	_____
• EKIN 299: Independent Study	1-3	_____/____	_____
• NUSC 299: Independent Study	1-3	_____/____	_____
OR			
• NUSC 281: Experience in Community Nutrition	1-6	_____/____	_____

- No more than 5 credits of the courses listed above may be used toward requirements for the major. (i.e. at least 12 credits must not duplicate courses used in the major.)
- Students must earn a grade of “C” (2.0) or higher in each individual course listed above.
- Students must earn a combined grade point average of 2.5 or higher for all courses listed above.
- Substitutions for requirements are not allowed.
- Students must complete all requirements for a baccalaureate degree. The minor will be added to the transcript when the degree is conferred.

**APPROVAL:**

I have met with my academic advisor and have confirmed that all requirements for this minor have been met, and therefore I should be eligible for a minor in Nutrition for Exercise and Sport upon graduation.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Advisor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Department Head Signature

\_\_\_\_\_  
Date

